

Advisory Council on Aging and Disability Services

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Creating choices for elders and adults with disabilities in Seattle-King County

MONTHLY MEETING

JUNE 9, 2006

MEMBERS PRESENT

CITY OF SEATTLE	KING COUNTY	UNITED WAY
<input checked="" type="checkbox"/> Thelma Coney	<input type="checkbox"/> Lisa Yeager	<input checked="" type="checkbox"/> Midge Levy, Secretary
<input checked="" type="checkbox"/> Joanne Brekke	<input checked="" type="checkbox"/> Larry Verhei	<input type="checkbox"/> Lorna Stone
<input checked="" type="checkbox"/> Adam John	<input checked="" type="checkbox"/> John Holecek	<input checked="" type="checkbox"/> Thelma Pegues, Member-At-Large
<input type="checkbox"/> Alexandra Tu	<input checked="" type="checkbox"/> John Barnett	<input checked="" type="checkbox"/> Timmie Faghin
<input type="checkbox"/> Tom Rasmussen	<input type="checkbox"/> Vacant	<input checked="" type="checkbox"/> Don Moreland, Chair
<input checked="" type="checkbox"/> Larry Low	<input type="checkbox"/> Vacant	<input checked="" type="checkbox"/> Phil Pitruzzello
<input type="checkbox"/> Houston Brown, Vice-	<input type="checkbox"/> Vacant	<input type="checkbox"/> Michael Miller
<input checked="" type="checkbox"/> Dr. Robert Gross	<input type="checkbox"/> Vacant	<input type="checkbox"/> Audrey Jernigan
<input type="checkbox"/> Candace Inagi	<input type="checkbox"/> Vacant	<input type="checkbox"/> Amy Astle-Raaen

Excused Absence Lorna Stone, Amy Astle-Raaen, Audrey Jernigan, Candace Inagi, Michael Miller, Tom Rasmussen, Lisa Yeager, Alexandra Tu, Houston Brown

Guests Aksan Mouunlamai, Ninfa Quinoz, Art Mussman, Kate Slaminko, Harrie Jackson, Will Parry

ADS Staff Pamela Piering, Rosemary Cunningham, Karen Winston, Andrea Yip

United Way Staff

King County Staff Linda Wells

MINUTES

Don Moreland, Chair convened the Advisory Council (AC) meeting at 12:00 p.m. and invited those attending to introduce themselves. Timmie Faghin congratulated Thelma Pegues on the award she received for her years of work tutoring nursing students.

PROGRAM : EMERGENCY PREPAREDNESS

JoAnn Jordan, Education Coordinator with the Police Department provided a presentation on emergency preparedness. In her work she educates citizens, businesses, and the community about disaster planning.

In association with the Area Agency on Aging for Seattle-King County and sponsored by:



City of Seattle



King County

She began by showing the draft video “Just in Time”, that featured our Advisory Council members Thelma Pegues, Timmie Faghin, Don Moreland, and John Barnett. These members were congratulated for their fine acting in the video.

JoAnn stated that here in the Northwest the biggest threat is of an earthquake. Residents must be prepared to take care of themselves for three days.

Safety points in the event of an earthquake included:

- Don’t expect any warning – there seldom is
- Stay inside – most buildings do not collapse
- Drop cover and hold
- Get lower than the furnishings in the building
- Do not run, just get low

In response to “What if” questions, attendees learned:

- If in bed, stay there and cover your head (keep a pair of shoes by the bed)
- If in an elevator, stay there, you’ll be safe
- If outside by huge trees, you’ll be safe
- If downtown, try to get in a building
- If in a car, slow and pull over but stay in the car. Do not move your car off a bridge or away from an underpass.

JoAnn spoke about the new education program called SNAP that makes dissemination of information about preparedness easier. While King County does not have a public educator, it does have a program called “3 days / 3 ways” as well as good public education materials on the King County website. JoAnn also encouraged people to use emergency preparedness planning as a way to meet their neighbors.

Local websites on Emergency Preparedness include:

- City of Seattle site: http://www.seattle.gov/html/CITIZEN/emergency_resources.htm
- King County site: <http://www.metrokc.gov/prepare/preparerespond/prepared.aspx>

BUSINESS MEETING

Minutes

Action Taken: It was moved/seconded and passed that the May 12, 2006 minutes be approved once revised to reflect the following:

- John Barnett was excused from last meeting
- Linda Wells comments under the Director's Report are revised to state there is no funding from the Veteran's Administration and Family Services.

COMMITTEE AND TASK FORCE REPORTS

Sponsors' Meeting

Pam Piering reported on the last Sponsors' Meeting, indicating the Sponsors approved the guidelines for the 2007 Discretionary Allocations Process recommended by the Planning and Allocations Committee. Karen Winston provided the Area Plan Report Card for 2005. Maria Langlais presented the Community Indicators Review, reporting that ADS gets data from a variety of sources including: Behavioral Risk Factor Surveillance System (BRFSS), Census, and United Way. ADS dropped two indicators due to sparse data, however, two new indicators related to food insecurity and family caregivers, will be added to the BRFSS. ADS will not see the results of this new data for at least two years.

Planning & Allocations Committee

Joanne Brekke reported on a presentation provided by Terra McCaffree of Senior Services regarding the Gatekeeper Program. This program was started twenty years ago to train individuals to identify vulnerable older adults and refer them to appropriate services. Examples of gatekeepers are meter readers, bank tellers, pharmacists, postal carriers, and senior center volunteers. Goals of the program include expanding services to the most vulnerable and strengthening relationships with the private sector. Senior Services is seeking funding for a half-time position to provide outreach and to produce a video about the program.

Outreach & Advocacy Committee / Health Care Task Force

- 1) Timmie Fahgin reported the Legislative Forum is scheduled for August 23rd. A signup sheet was passed around for members to volunteer for a variety of tasks such as table hosting, registration, and general hosting.
- 2) Peter Greenfield spoke about Medicare Part D co-pays. He asked the group to send a letter of support to eliminate co-pays for people who are eligible for both Medicare and Medicaid.

Action: It was moved/seconded and passed to send a letter to Senators Maria Cantwell and Patty Murray in support of SB 2409, the Home and Community Services Co-Payment Equity Act of 2006 that would eliminate Medicare Part D co-pays for dual-eligibles.

- 3) Don Moreland attended an Elder Abuse hearing at City Hall. Councilmember Tom Rasmussen has recommended additional staff for the police department to deal with elder abuse, but it is uncertain whether the City Council will fund it.

- 4) The committee also discussed senior employment at the Mayor's Office for Senior Citizens.

Communications Committee

Timmie Faghin commented on the latest *Seniors Digest*, commending Advisory Council member Houston Brown for his cooking article.

State Council on Aging

Joanne Brekke reported that Mark Rupp from the Governor's office and Robin Arnold Williams, Secretary of the State Department of Social and Health Services (DSHS), were present at the last State Council on Aging meeting. They heard from members of the White House Conference on Aging who were distressed by lack of action on a number of issues. Dan Murphy of the State Aging and Disability Services Administration (ADSA) spoke about the budget and the potential effect of negotiations with SEIU, the long-term care workers union, regarding Individual Provider wages.

NEW BUSINESS

- 1) A discussion of Conflict of Interest Forms will be postponed to the next meeting.
- 2) Application forms will need to be completed by Advisory Council members in order to park in the garage closer to the Seattle Municipal Tower. Marcy Kubbs will coordinate this.
- 3) New Business from the Floor:
 - John Barnett referenced Councilmember Rasmussen's report at the May meeting about Senior Centers, inquiring if Senior Centers outside the City are being included in the research. Pam responded that the Council has visited centers outside the City and mentioned that the Council is exploring coordinating with the Parks Department.
 - Regarding Respite, John Barnett inquired if ADS could use faith based volunteer groups to supplement services. Senior Services Information & Assistance already refers to volunteer groups.

Director's Report

Pamela Piering reported on a number of items.

- 1) As of June 7th, the Older American's Act (OAA) appropriations bill was adopted by the House subcommittee. Health Promotion, Title IV and Family Caregiver services were funded at 2006 levels. There was a 1% increase for congregate/home delivered meals while Title V received a small cut.
- 2) The City budget process will begin for 2007-2008. While funding for 2007 will be adequate, for 2008 it could be problematic due to structural tax changes.
- 3) Pam will give a report on the State Long-Term Care Task Force at the next Advisory Council meeting.
- 4) Pam mentioned that Phil Lane Jr., the new CEO of the United Indians of All Tribes, gave an excellent keynote speech at the W4A staff leadership conference. The topic of his speech was the cycles of life.

The meeting was adjourned at 2:00 p.m.

Note new meeting location!

NEXT REGULAR MEETING

Friday, July 14, 2006

12:00 – 2:00 p.m.

1st Floor Conference Room

Central building, 810 Third Ave

Seattle, WA 98104

www.adsadvisorycouncil.org

Midge Levy, Secretary _____